



Beans & Leaves

Drip \$2/\$3
Latte \$4/\$5
Nitro \$4/\$5

Cappuccino \$4/\$5
Cold Brewed \$3/\$4
Tea \$2/\$3

milks: whole, low fat, skim, soy, almond

shots: extra espresso, chocolate, caramel, hazelnut **\$.75 ea.**

Dr. Tom E's Juice Tonics sm. \$5 lg. \$7

GREEN

cucumber, celery, kale,
lemon, parsley, mint

SOOTHE

carrot, apple, lemon,
ginger

BOOST

pomegranate, pear,
romaine lettuce

GOLD

golden beets, golden
delicious apples, yellow
pepper, lemon, turmeric

CLEAN

gala and granny smith
apples, lemon, cayenne,
agave

Snake Oil Smoothies sm. \$5 lg. \$7

add ins: spirulina, hemp protein, flax seed, yogurt **\$.75 ea.**

ALMOND JOY

coconut milk, almond
butter, cacao nibs, dates,
banana

APPLE PIE

granny smith and gala
apples, banana, greek
yogurt, cinnamon, ginger
topped with gf granola

BEEF IT

red beets, strawberries,
pomegranates, lime

CLASSIC

strawberries, banana,
orange juice

MAUXMAUX

almond milk, baby kale,
banana, peanut butter,
cinnamon

Breakfast Bowls

PB AND J

berries, banana, almond
milk topped with peanut
butter powder, berries,
gf granola **\$7**

MEXICAN CHOCOLATE

avocado, banana, cacao,
soy milk, chili, cinnamon,
cacao nibs, almonds,
gf granola **\$7**

THE THAI

acai, banana, coconut milk
topped with mango, pineapple,
coconut, gf granola **\$8**

Egg Sandwiches

SAUSAGE, EGG AND CHEESE WRAP

scrambled egg, turkey
sausage, goat cheese,
spinach, wheat wrap **\$6**

EGG, CHEDDAR, CHIVE

soft scramble, sharp
cheddar, spicy secret
sauce, brioche roll **\$4**

TACOS

scrambled eggs, chorizo,
potatoes, queso fresco,
corn tortillas **\$6**

BLT

smoked bacon, over
easy eggs, tomatoes,
arugula, garlic mayo,
grilled ciabatta **\$9**

Bowls

Bowls are vegetarian and can be prepared gluten free and dairy free. *Low carb versions available on request.*

CAESAR

shaved asiago, salt cured capers, lemon confit, grilled ciabatta, romaine hearts, lemon-garlic dressing **\$6**

MIXED GREENS

tomatoes, cucumbers, onions, mesclun mix, champagne vinaigrette **\$6**

QUINOA AND EGG

confetti quinoa salad, avocado, poached egg, spinach, emerald vinaigrette **\$7**

SKINNY

cilantro, brown rice, fresh tomato salsa, queso fresco, arugula **\$7**

TANDOORI

spiced lentil salad, mango, currants, almonds, mint pesto, spinach, red curry-yogurt sauce **\$7**

PALEO

malanga root hash with onions, peppers and broccoli; soft scrambled egg, spinach **\$8**

add protein: grilled chicken **\$4**, seared tuna steak **\$6**, seared tofu **\$3**, butternut squash-quinoa cake **\$4**

Sandwiches

TUNA SALAD, TURKEY OR HAM

ciabatta bread, wheat wrap, or gf wrap (add \$1) with lettuce, tomato, and mayo
choice of cheese: cheddar, gruyere, or provolone **\$6**

MEDITERRANEAN

hummus, roasted eggplant, spinach, tomato, cucumber, feta, whole wheat wrap **\$8**

RESTORATION TAB

turkey breast, avocado, smoked bacon, lettuce, tomato, mayo, ciabatta **\$10**

CURRIED CHICKEN SALAD

red curry, mayo, currants, almonds, choice of bread **\$7**

PRESSED TUNA AND EGG

rare tuna loin, hardboiled egg, garlic mayo, crispy capers, greens, ciabatta **\$10**

PRESSED PORKLOIN CUBAN

roast pork, ham, gruyere, whole grain mustard, pickled pineapple, ciabatta **\$9**

PRESSED 4-CHEESE GRILLED CHEESE

gruyere, ricotta, cheddar, provolone, ciabatta **\$8**
add: tomato and bacon **\$3**

LOCAL BURGER

Archer Angus beef (ME), Brookford Farm cheddar (NH), Jessica's Brick Oven Bakery brioche roll (MA), lettuce, tomato, pickled onions, Z sauce
single \$8, double \$12

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Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness.